





The first Neuroscientific Workshop in UAE **"Understand your Brain … Create your Life"** by Dr. Danijela DEBELIĆ & Dr. Hans STEINBICHLER

Also based on the medical research and measurements of clients during **Dr. Joe Dispenza's** workshops and his NCS-NeuroChangeSolutions Concept

Date:

DUBAI – November, 30th and December 1st LOCATION: to be nominated

The workshop is addressed to everybody who seeks sustainable change, reorientation or advancement on a personal level or in their company.

Participants get to understand how the interaction of thoughts and bio-chemical processes in our body can cause change together with problem solving in everyday life as well as on the different levels of corporate management.

A concept which elevates not just your personal development but also your professional life to another level!

Employees are the fundamental capital of corporations. In this regard they are the key to success. **Changes** in the environment and society have a direct – often stress - impact on changes on private levels and on companies.

The **neuro-scientific** models explained in this workshop show the power of neural potentials and present tools, which allow sustainable change on personal, communicational and emotional levels, thus generating immediate **stress relief.** This training is easy, immediate and lasting to be transferred into everyday life and is proven to effectively improve your living quality.

A change from the inside out!

- Introduction of the basics of neuroscience
- Conscious and unconscious thinking – placebo effects



- Interaction of body and brain
- Stress management by thought management
- Learning various tools (techniques) to realize the changes in your life
 - Improvement of quality of living by tuning and designing brain waves
 - A look inside your brain (brain-mapping)







The above mentioned topics will be imparted by lectures, interactive exercises and 5 easy to learn and to implement techniques. The workshop offers **the latest neuroscientific insights** but still is very practise-orientated.





It also contains **QEEG** (Quantitative Electroencephalogram) **Analysis**, based on brain-mapping measurements, which is an accurate evaluation technique to recognize the current brain activity, electrical brainwave energy level and real time progress, when measured during specific tasks (e.g. mindfulness training, neurofeedback, mental rehearsals, etc.)

Workshop Timing in Dubai

Location to be nominated

 Friday, November 30th - from 2 pm to app. 7:30 pm and Saturday, December 1st - from 2pm to app. 7:30 pm
Individual Brain-mapping: Friday & Saturday morning (9pm – 12pm)

To introduce this program in DUBAI we offer the following special conditions:

-Workshop Participation fee: AED 1,500 per person (excluding tax; normal rate AED 3,000)

-Individual Brain-Mapping fee: AED 1,500 per person (normal rate: AED 2,500)

This includes both days of lecturing, small catering as well as professional workshop documents. In addition participants receive various audio files, to implement the content into their daily life and lots of valuable further information about improving personal wellbeing.

Application TO: MEREHA - Fredrik Jonsson ... Tel: +971 50 202 52 41 E-Mail: fjonsson@mereha.com Registration: Kindly register until November 10th 2018

Contact Dr. Steinbichler hans.steinbichler@ics-consulting.at Contact Dr. Debelic drdanjieladebelic@gmail.com









DR. DANIJELA DEBELIĆ, MD Dr. DANIJELA DEBELIĆ, medical doctor with a background of more than 14 years of being consultant of general and cardiac anesthesiology and intensive care units in Croatia, Netherland, Austria and in Saudi Arabia, so far. She is cerified course director and chief instructor for heart ultrasound USabcd.org international courses, certified IFEN neurofeedback therapist, international speaker. Dr. Danijela is co-founder of The OEEG Brain Research Unit. They measure

and interpret Body Energy Scans like Brain Mapping (QEEG), Heart Rate Variability (HRV), Energy Aura (GDV), and Body Composition (BIA), offering mobile and highly flexible measurements, analysis, and expert personal and group consultations worldwide.

drdanijeladebelic@gmail.com Introductional video: Dr. Danijela Debelic



DR. HANS STEINBICHLER-ICS CONSULTING

Dr. HANS STEINBICHLER, CEO of ICS International Consulting GmbH, is certified NeuroChangeSolutions (NCS) Consultant. Being an international management consultant for 40 years he represents expertise in tourism & leisure industry, transport & logistic as well as the agricultural field. His focus is on financing, marketing & leadership together with coaching and mediation. https://www.ics-consulting.at/

Leading neuroscientific researcher

DR. JOE DISPENZA-NeuroChangeSolution

Dr. JOE DISPENZA, neuro-scientist, researcher, bestseller author and international speaker, cooperated with an outstanding team of experts and trainers to develop this amazing program. It gives an astonishing impact to change processes inside and outside of companies. Through rigorous testing and selection Dr. Dispenza certified a hand-picked team of exceptional men and women to be NCS personal trainers. <u>www.neurochangesolutions.com</u>







Clients worldwide and voices of participants



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Marie Quinton, Cisco EMEAR Sales Enablement Team, Manager, Operations

I am thoroughly satisfied with the outcome of the workshop to help my team create our new future. In a 60 day post workshop follow up survey, 100% of my team confirmed they have been able to apply what they learned in their work. I know that the workshop and the impact it had on the team has been a factor in getting our team on track and focused to deliver against our vision and strategy. The facilitator's dedication to applying our real life situation into the content was outstanding. I will recommend this to peers and colleagues.

Brian Crouser

<u>CSS, Managing Director</u> National Cat Mgmt Center of Excellence E&J Gallo Winery



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CISCO

Today's successful businesses need to understand the dynamics of the individuals it employs and how they shape the organization and culture – not necessarily the other way around. NCS work quickly dives in to help people understand their current behavior and then craft a plan to alter it, leading to more balanced and productive lives.







Peter Edge

President & CEO, RCA Records Sony Music Entertainment



This training taught us what change is and how to use the power of our brain to create and sustain it. The simple, down-to-earth approaches enabled our leadership team to shift our mindset to enable a greater level of creativity and innovation to face the challenges awaiting us... We developed communication and relationship skills to apply to the unique opportunities we faced. We dared to be different. Our people feel different which has greatly contributed to our unprecedent success....We created better, more thoughtful leaders

Joanna Maurelli Talent Development Manager Johns Manville



The NCS course really prompted thought change in our global HR&C team. The program made us aware of how we limit ourselves as individuals and teams, and why our organization's cultural patterns are so strongly ingrained. As we all change and grow within our company, the NCS applications provide us with the understanding of how each and every employee at all levels within the organization can change unproductive habits by modifying their thinking and then align that thinking with more effective actions. We can, therefore, make our teams and the organization more aware, flexible, productive, and ultimately, stronger

Dipl. BW Claudia Beermann, <u>CFO FMTG – Falkensteiner Michaeler Tourism Group</u>



After having attended this impressive workshop in Vienna, we are currently integrating this human resources development concept in our Falkensteiner Academy in order to strengthen the potentials of our staff and management levels, through which our international group reaches a better basis for future developments and continuous growth.

Margit Stotter-Nothdurfter, Manager Hotel Gribelehof



The workshop in Lienz (Austria) took place in a very comfortable atmosphere. You are invited to take time for yourself and reflect private and business topics. As a manager of our family-owned hotel and mother of two children, this border is often blurring for me and therefore, I could profit on both sides and can implement positive change in my life from now on.



Contact Dubai fjonsson@mereha.com Contact Dr. Steinbichler hans.steinbichler@ics-consulting.at Contact Dr. Debelic drdanjieladebelic@gmail.com